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Abstract

Women's equality in Mountainous regions in the world

If greater access to equality is to take hold in the mountain cultures throughout the world it is essential to give woman a greater stake in their individual countries, regions, communities, villages and homes. An extremely inviting method to help develop and enrich mountain communities is through the exchange of education, healthcare and foodstuffs increasing women's inclusiveness. A singular proof of the need for inclusion can be found in the successful Nepalese insurgency where the communist used perceived access to education, health and promised equal rights to recruit women from throughout Nepal to their cause. Similar access to the use of bread, healthcare and education can be seen in the middle-east through such organizations as Hamas as a successful method to gain acceptance to various causes and ideology throughout the 20th and 21st centuries.